

A CHILD CARE PROVIDER'S PLEDGE

I take care of your child, and I care for your child. I want to keep your child healthy and safe. This is my pledge to you:

1. I will always put your infant child to sleep on his/her back in a safe crib or playpen with a firm mattress.
2. I will keep stuffed toys, pillows and fluffy blankets out of the crib, or playpen, when infant is sleeping.
3. I will make sure your child does not get too warm by keeping the room temperature comfortable and not dressing him/her in too many layers.
4. I will not keep your baby in car seat, swing or other "container" for long periods of time and I will change your baby's position often. That's so he/she will not get a flat head and can buildup muscle strength.
5. I will put your baby on her tummy to play only when someone is watching him/her. If she/he falls asleep where he/she is, I will move her/him to crib right away and put her/him on back.
6. when your baby begins rolling over, I will continue to put her/him on his back and I will check on her/him often when sleeping because at first she/he may not be able to roll over on to her/his back by herself/himself.
7. I will not allow anyone to smoke around your child at all times.
8. I will make sure of safe and healthy environment for your child.

(For more information about Communities for Infant Sleep Position, call (800) 533-0376.
(WA/ID/OR).

Thank your for your patronage.

*Saima Karim
Kinder Karavan child Care*

I have read the above policy and I agree to abide by all the conditions set forth in this contract.

I will not hold Saima Karim responsible, financially or other wise, for injuries my child might sustain from accidents while in her care.

Print name (parent/guardian)

Signature & Date